

ARE YOU TROUBLED BY SOMEONE'S DRINKING?

A Step One Seminar

Step One: *"We admitted we were powerless over alcohol – that our lives had become unmanageable".*

**District 2, MNSA, will be sponsoring a Step One Seminar
for Families and Friends of Alcoholics**

Saturday, April 26th, 2025 @ 10:00 a.m. to 12:00 p.m.

Christus Victor Lutheran Church

7510 Palomino Drive

Apple Valley, MN 55124

Alcoholism does not just affect the person with this condition,
it also affects those around them as well, such as friends and family members.

If you have struggled with a friend or relative who misuses alcohol,

Al-Anon is intended for you.

- Speakers from Al-Anon, Alateens and AA share their stories
 - Books, Pamphlets and other information of interest
 - Enjoy fellowship with others in recovery
 - Understand that you are not alone
 - Breakfast snacks, coffee, juice and water provided



God: Grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.